

FRRPD YOUTH SPORTS COACHES & OFFICIALS

VOLLEYBALL

FALL 2021

YOUTH SPORTS - VOLLEYBALL

PURPOSE OF FRRPD REC SPORTS

To provide quality recreation programs allowing young athletes of all skills levels the opportunity to experience sports in a safe and enriching environment.



THE DISTRICT

RECREATION DEPT.

- ▶ Rec. Supervisor
- ▶ Rec. Coordinator
- ▶ Rec. Specialist
- ▶ Rec. Staff

RECREATION DEPT. RESPONSIBILITIES

- ▶ Organize Leagues
- ▶ Schedule Games
- ▶ Schedule Facility Attendants
- ▶ Help Coaches Officiate



THE CLIENT

REC LEAGUES

- ▶ Players
- ▶ Schools
- ▶ Coaches
- ▶ Families



THE COACH

EXPECTATIONS

- ▶ Knowledgeable
 - The Game
 - The Rules
- ▶ Respectful
- ▶ Nurturing
- ▶ Responsible



THE COACH

RESPONSIBILITIES

- ▶ Practice Sessions
- ▶ Games
- ▶ Officiate
- ▶ Communication
 - Athletes
 - Parents
 - Referee
 - District



COACH HELP WITH OFFICIATING



PROFESSIONAL

- ▶ Knowledgeable
- ▶ Approachable
- ▶ Firm/Fair
- ▶ Consistent

OFFICIATING: KNOW YOUR ROLE



OFFICIALS PROVIDE FOR:

- ▶ Player Safety
- ▶ Player Enjoyment
- ▶ Player Learning
 - Rules Enforcement
 - Rules Education

PLAY OF THE GAME



► MATCH PLAY

- 3 Sets
 - First (2) sets to 25
 - Third (1) set to 15
- Rally Scoring
 - Point will be awarded each serve

PLAY OF THE GAME



- ▶ Service
- ▶ Rally
- ▶ Point
- ▶ Sideout
- ▶ Rotation
- ▶ Substitution

RULES: VIOLATIONS

- ▶ 4 Hits
- ▶ Double Touch
- ▶ Lift/Carry/Throw
- ▶ Touching the Net
- ▶ Serving Out of Order
- ▶ Illegal Block
- ▶ Service Line
- ▶ Center Line



YOUTH SPORTS: HOW DO WE IMPROVE

REVISIT GOALS OF THE PROGRAM

- Quality Program – Opportunity for All – Safe and Enriching

IDENTIFY CHALLENGES

- Different levels of experience on the field and on the sidelines

SET REALISTIC EXPECTATIONS

- Mastery is not achieved overnight

FOCUS ON DESIRED OUTCOMES

- Safety - Enjoyment - Learning

